

ST. FRANCIS de SALES SCHOOL

April 4, 2017

Dear Parents,

Track and Field season is upon us. We will begin practicing on Monday April 10th. Please note that there will be practices after school on Mondays and Thursdays at St. Thomas More High School (7450 12th Ave, Burnaby).

Attached are a schedule of track practices and events for the months of April and May, a contract that must be reviewed and signed by both student and parent, all meets that we will be attending, as well as CISVA rules.

If it is raining heavily on Mondays and Thursdays after school, practices at STM will be cancelled in order to prevent injuries. A message board outside the front of the school will inform parents of cancelled track practices on those rainy days.

A reminder that the contract and all meet permission forms that are attached are due back at the school before practices begin on April 10th.

Thank you for supporting our track team,

Mrs. Kerrigan & Mrs. Wihak

2017 Track and Field Schedule

	Monday	Tuesday	Wednesday	Thursday	Friday
8:00-8:55	Long Jump (grades 5-7)	Staff Meeting	Shotput/Discus (grades 6-7)	Choir	Shotput/Discus (grades 3-5) Long Jump (grades TBD)
LUNCH		Long Jump (grades 3-4)			
3:05-4pm			Long Distance (grades 3-7)		Long Distance (grades 3-7)
4-5pm @ STM	Short distance (grades 2-7)			Short distance (grades 2-7)	

high jump practices will happen in late May, dates/times TBD

PLEASE NOTE: All known cancellations on reverse